

## USE OF MOUTHGUARDS

Wearing of mouth guards is required by the M.I.A.A., National Federation, N.C.A.A. for students (boys and girls), participating in the following sports: football, ice hockey, lacrosse, and field hockey.

In addition, the Westfield Public Schools will require the use of mouth guards for students (boys and girls) participating in the sports of soccer and basketball and for all practices and recommends wearing mouth guards for games until such time as the MIAA requires such use for all games.

Coaches are required to enforce the above rules and any problems will be directed to and dealt with by the athletic director or principal or superintendent as appropriate.

Westfield Public Schools recommends the use of mouth guards in all non-required sports.

Adopted: June 16, 1997