

HEALTH EDUCATION

The Westfield School Committee believes that one of the greatest opportunities for effective health education lies within the public schools because of their potential to reach children at the age when positive, life-long health habits are best engendered and because the schools are equipped to provide qualified personnel to conduct health education programs.

The Westfield School Committee is committed to a sound, continuous and comprehensive health educational program as an integral part of each student's general education.

The health education program will emphasize a contemporary approach to the presentation of health information, skills, and the knowledge necessary for students to understand and appreciate the functioning and proper care of the human body. Students also will be presented with information regarding complex social, physical and mental health problems, which they might encounter in society. In an effort to help students make intelligent choices on alternative behavior of serious personal consequence, health education will examine the potential health hazards of social, physical and mental problems existing in the larger school-community environment.

In order to promote a relevant, dynamic approach to the instruction of health education, the Westfield School Committee will continue to stress the need for curricular, personnel and financial commitments that are necessary to assure the high quality of the system's health education program.

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