

PRICES

Full Price: \$2.50
 Reduced: \$.40
 Adult \$3.75
 Milk: \$.45

NUT FREE = NF



MENU NOTES:

Daily Milk choices offered are Fat Free and Low Fat.
 Veggies & Fruits are often locally grown

Lunch price includes: 5 components

1.Milk 2.Protein 3.Grains 4.Fruit 5.Vegetable

Must take a fruit or veggie plus 2 more components to be a full meal

Fresh Veggie Cups Offered Daily

Pre-packaged Hummus cups offered Daily- This is NOT a nut free item and is kept separate for safety

Daily Alternates

Yogurt Meal-NF

Toasted Cheese Sandwich--NF
Sunbutter & Jelly Uncrustable -NF

Looking for part time work?
Come join our kitchen staff!!
Substitute & Part time positions available

FRIDAY

11/1/2019-NF

Personal Pizza

Broccoli

School Cookie

Choice of Assorted Fruits

Milk

FRIDAY

11/8/2019-NF

Sea Wonders Fish Nuggets

Tater Tots

Maple Sunrise Cookies Bites

Choice of Assorted Fruits

Milk

FRIDAY

11/15/19-NF

Stuffed Crust Pizza

w/ without Pepperoni

Garden Salad

School Cookie

Choice of Assorted Fruits

Milk

FRIDAY

11/22/2019- NF

French Bread Pizza

Broccoli

Pudding

Choice of Assorted Fruits

Milk

FRIDAY

11/29/2019

NO SCHOOL
THANKSGIVING RECESS



MONDAY

11/4/2019-NF

Chicken Patty on WG Roll

Oven Baked Fries

Choice of Assorted Fruits

Milk

TUESDAY

11/5/2019

STAFF DEVELOPMENT

NO SCHOOL

WEDNESDAY

11/6/2019 -NF

Mozzarella Sticks & Soup

Carrots

Tomato Soup

100% Fruit Sorbet

Milk

THURSDAY

11/7/2019-NF

Mac & Cheese

Steamed Green Beans

WG Dinner Roll

Choice of Assorted Fruits

Milk

MONDAY

11/11/2019

NO SCHOOL
VETERANS DAY



TUESDAY

11/12/19-NF

Pancakes w/ Syrup

Sausages

Fruitables Tropical Twist Juice

Choice of Assorted Fruits

Milk

WEDNESDAY

11/13/19-NF

Pulled Pork on WG Roll

Coleslaw

Choice of Assorted Fruits

Milk

THURSDAY

11/14/19-NF

Nacho Taco- Tortilla Chips

w/ Seasoned Beef and Cheese

Lettuce and Tomato, Sour Cream

Corn

Choice of Assorted Fruits

Milk

MONDAY

11/18/2019- NF

Chicken Nuggets

Sweet Potatoes Fries

WG Dinner Roll

Choice of Assorted Fruits

Milk

TUESDAY

11/19/2019-NF

Waffle Sticks w/Syrup

Sausage

Fruitables Tropical Twist Juice

Choice of Assorted Fruits

Milk

WEDNESDAY

11/20/2019-NF

Cheeseburger

Fries

Green Beans

100% Fruit Slushie

Milk

THURSDAY

11/21/2019-NF

Cheese Quesadilla

with Sour Cream and Salsa

Spanish Rice

Corn

Choice Assorted Fruits

Milk

MONDAY

11/25/2019-NF

Chicken Tenders

Sweet Potatoes Fries

Choice of Assorted Fruit

Milk

TUESDAY

11/26/19-NF

Turkey Gravy

Mashed Potatoes and Cranberry Sauce

Dinner Roll

School Cookie

Choice of Assorted Fruits

Milk

WEDNESDAY

11/27/2019

NO SCHOOL
THANKSGIVING RECESS

THURSDAY

11/28/2019

NO SCHOOL
THANKSGIVING RECESS